



Performance Training to Improve Your Athletes

Thanks for clicking through to our new website. If you are interested in setting your athletic program apart from your competition I believe we can help.

Howell to Sports has been training athletes for over twenty years, mostly in the field of vision training. We recently branched out to the field of performance training. I would love to either sit down or schedule a zoom meeting with you, your coaches and trainers, to discuss how we might fit this into your training

protocols.

I'm sure your thinking that this will be very costly and you don't have the funds. I can tell you that some of the equipment we offer is costly but many of the options we offer are less than \$250. I have attached a few files for you to share with your staff. If after talking about this with them you would like to learn more then please give me a call or send a quick e-mail and I will get right back to you. Thanks for your time and have a great weekend,

SMARTfit offers athletic trainers and professional athletes a valuable tool to develop high performance athletes in any sport. SMARTfit's filmed turnkey programming and data tracking capability is unmatched in its ability to capture performance data in real time and provides the missing link for performance and endurance training with its focus on training the brain to function efficiently while concurrently placing a visual, cardio, strength, motor, and skill demand on the body.

If this sounds like something you might be interested in please call me at **856-381-8888** or e-mail ed@howelltosports.com

NeuroTracker Info



Take a look at the **NeuroTracker Published Studies** to see the efficacy of this product.

In addition to these two excellent products, we also have less expensive alternatives. Please e-mail me at ed@howelltosports.com and ask for our Station Kit file. I will send it right out. Thanks for reading and I look forward to working with you to improve your teams performance.



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