



## How Important is Vision Training?

Thanks for opening our latest newsletter. I have to apologize for the lack of communication lately. It's been a combination of how busy I've been and how sick my family has been. Seems like we have had colds since Thanksgiving.

On a positive notes, Howell to Sports have never been busier. I can barely keep up with the quotes and orders coming in. Not the worst problem to have but it does make it difficult to write these newsletters.

If anyone attended the ABCA show in Nashville earlier this month and had the opportunity to sit in on Dr. Keith Smithson's presentation you probably understand better the importance of vision training in sports. Dr. Smithson works with athletes from little through professionals and his presentation included many of the products we supply. Please continue to peruse this issue and, if you are interested in anything, contact me at 856-381-8888 or e-mail to [ed@howelltosports.com](mailto:ed@howelltosports.com) Thanks again!

## Vision Training Links for You

[The Beginners Guide to Sports Vision](#)

[The Senaptec Strobe Library](#)

[Dr. Smithson talks about how to use our vision ring](#)

[Seth Curry uses the Strobe Goggles](#)

## Some Interesting Articles

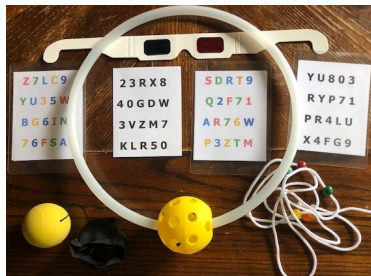
[Dynamic Visual Skills for Sports](#)

[HOW VISION TRAINING IS SHAPING THE NEXT GENERATION OF STUDENT-ATHLETES AT IMG ACADEMY](#)

[Sports Vision Products you can purchase from HTS](#)

[Can visual training enhance sports performance?](#)

## Howell to Sports Products



*DVA Training Kit*



*3 Ball Vision Ring*



*Brock String*



*SOR Speed of Recognition*



*Senaptec Strobe Goggles*



*Senaptec Computer Training App*



©2024 Howell To Sports | 322 Friendship Rd, Clarksboro, NJ 08020

Like Tweet +1

Web Version

Preferences

Forward

Unsubscribe

Powered by  
**GoDaddy Email Marketing**®