



### **FREE Vision Training Chart!**

Howell to Sports is about to announce a few new training products. Take a look below to see what they are.

But, first we are offering a FREE vision training chart! We are giving away to the first 25 people who claim this prize FREE! Just e-mail me at **ed@howelltosports.com** and we will send it to you at**NO CHARGE**.

Please keep reading below to find out about our new website and new products. Thanks from Howell to Sports.

# **Claim Your FREE Color Chart!**



## **Our New Products!**

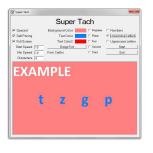


\$22.95

#### **Visual Tracking Workbooks**

Visual tracking exercises help to develop smooth, continuous eye movements as patients track squiggly lines. The instructions are easy to follow.

Saccades refer to the eye's ability to quickly and accurately shift from one target to another. This is a critical skill in reading, and most all athletic sports involving very specific eye movements. The eyes must move left to right along a straight line without deviating up or down to the lines above or below. In addition, when we reach the end of a line, our eyes must make a difficult reverse sweep back to the beginning of the next line. If anyone cannot control these eye movements, they will lose his place and comprehension becomes a problem. The exercises included are meant to improve this important tracking skill.



\$42.95

#### Super-Tach Program

This is an at-home version of a tachistoscope. A tachistoscope is a device that displays an image for a specific amount of time. It can be used to increase recognition speed, to show something too fast to be consciously recognized, or to test which elements of an image are memorable.

This tachistoscope Software Program is a short-term training modality that trains visual recognition, short-term memory, and visual processing. This type of brain training can be used as part of a NVT training program for performance enhancement or rehabilitation. Many sporting activities require rapid processing of visual images and the T-Scope is a great tool to train this process.



\$62.95

#### **Basic Visual Tracking Kit**

Our Basic Visual Tracking Kit includes the following:

- (1) 3 ball vision ring
- (1) 6 ft brock string
- (1) X-Trainer wall chart
- (1) Set of HTS Training Charts
- (1) Bungee ball

Instructions included both with the package and on our website.

